Good health starts with a great plan

Kaiser Permanente Medicare Advantage HMO Plans

At Kaiser Permanente, our mission is to provide high-quality, affordable health care services and improve the health of our members and the communities we serve. Our Medicare health plans are built to support the full spectrum of health needs, with programs and services to help members be their healthiest. And when members get care at Kaiser Permanente medical offices, their care experience combines personalized primary and specialty care, quality, prevention, and advanced technology, all in one convenient package.
Coordinated, connected care

When members get care at Kaiser Permanente, they benefit from our collaborative approach, which empowers our care teams to achieve better outcomes.

A team approach
Led by the member’s personal physician, our health care professionals and support staff work together to meet each member’s individual health needs.

Focus on prevention
We help our members be well and stay well by screening for issues early, which prevents more serious problems and expensive care later.

Evidence-based care
By using scientific evidence we can provide treatment that’s proven to be effective and efficient.

More effective care even beyond our walls

Easy ways to access care
In addition to doctor office visits, members have other convenient options:

- Consulting Nurse Service: a 24/7 phone service for advice.
- CareClinic: walk-in clinics for minor issues, inside several Bartell Drugs locations in the Seattle area.
- Email your doctor: an easy way for members to connect with care teams for non-urgent issues.

Care management
Our care management program helps reduce the need for hospital stays and readmissions. Kaiser Permanente hospitalists and nurses are on-site at 8 high-volume network hospitals. By using preferred facilities and providers, we’re able to direct members to high-quality, effective care and save costs. And we help members transition out of the hospital, with follow-up care arranged before they leave.

Coordinated emergency care
Our Emergency Patient Resources and Options Program helps emergency departments provide more efficient care for our members. By sharing medical information, we can reduce hospital admissions and member costs, and avoid unnecessary tests and procedures. At our contracted hospitals, coordinated care is built in.

Connected care
Kaiser Permanente doctors, specialists, and care team members are all connected to the member’s electronic health record. They have the full picture of a patient, so they can expedite care and better manage complex issues and medications.

Medical excellence
Washington Permanente Medical Group is the highest-ranked medical group in Washington state. We provide care in more than 50 medical and surgical specialties.
A health plan and a whole lot more

Kaiser Permanente Medicare Advantage members get more than just a health plan—they get the coverage they need, high-quality care, and support to reach their health goals. They can choose from different plans to meet different cost and coverage needs.

All plans include access to the highest-ranked medical group in Washington state—Washington Permanente Medical Group—at Kaiser Permanente medical offices in the Puget Sound and Spokane areas. In areas where Kaiser Permanente medical offices are not available, members have access to a broad network of high-quality community providers. And all members can take advantage of features that are built into every health plan, including:

- Personalized programs and services to proactively manage health conditions and support healthy aging.
- SilverSneakers® Fitness Program and other fitness programs.
- Support from a dedicated Member Services team with specialized training in Medicare health plans.

### Part D prescription drug coverage

Many of our plans include Medicare Part D coverage for generic, brand-name, and specialty drugs. Our drug formulary is developed by a team of physicians who select drugs that are safe, effective, and a good value to our members.

Kaiser Permanente prescription drug costs are 28% lower than other Medicare health plans in the Washington state service area.

### Optional dental benefits

We teamed up with Delta Dental of Washington to offer dental benefits, which can be added to any Kaiser Permanente Medicare Advantage plan. This gives members the convenience of a single contact for their coverage.

- 1 application to enroll for medical and dental coverage
- 1 bill for medical and dental premiums

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1 Percentage of Kaiser Permanente Washington Medicare Advantage members who choose to re-enroll in a Kaiser Permanente plan.

2 Available when members receive care at Kaiser Permanente medical offices.


5 Based on information from June, 2016 cms.gov Medicare Plan Finder. www.medicare.gov/find-a-plan

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### Plans available by county:

#### Puget Sound area counties

- King, Kitsap, Lewis, Pierce, Snohomish, Thurston, and parts of Grays Harbor and Mason

- Convenient one-stop care at 25 Kaiser Permanente Washington locations (21 in the Puget Sound area) with doctor visits, lab, X-ray, and pharmacy usually under one roof

- More than 1,000 Washington Permanente Medical Group providers in Washington

- More than 9,000 affiliated providers across Washington state, including physicians at The Everett Clinic in Snohomish County and CHI Franciscan Health

- Affiliations with well-known local hospitals, such as Swedish, Overlake, Providence, and CHI Franciscan Health

#### Spokane County

- Convenient one-stop care at 25 Kaiser Permanente Washington locations (4 in the Spokane area) with doctor visits, lab, X-ray, and pharmacy usually under one roof

- Primary care at six additional Kaiser Permanente medical offices (formerly Columbia Medical Associates)

- More than 9,000 affiliated providers across Washington state, including doctors from Providence Medical Group and Rockwood Clinic

#### Northwest Washington counties

- Island, San Juan, Skagit, and Whatcom

- A broad network of providers who accept Medicare enrollees

- Affiliated medical groups include The Everett Clinic in Snohomish County, PeaceHealth, Family Care Network, Associates in Family Medicine, and Skagit Regional Clinics

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1 You must continue to pay your Medicare Part B premium and any other applicable Medicare premium(s), if not otherwise paid by Medicaid or another third party.
Quality that gets noticed

We’re here to help make lives better. So when Kaiser Permanente is recognized for its doctors or health plans, we appreciate that it’s our members who benefit.

**Highest-Ranked Medical Group**

WASHINGTON HEALTH ALLIANCE 2016 COMMUNITY CHECKUP

Based on more than 50 clinical measures of quality, including cancer screenings, immunizations, diabetes care, and more.

**High Quality Rating**

from Medicare

MEDICARE STAR QUALITY

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**National Committee for Quality Assurance (NCQA)**

Kaiser Foundation Health Plan of Washington Medicare (HMO) was rated 5 out of 5 in the National Committee for Quality Assurance (NCQA) Medicare Health Insurance Plan rankings 2017-2018.


2. Medicare evaluates plans based on a 5-star rating system. Star ratings are calculated each year and may change from one year to the next. Rated by Centers for Medicare & Medicaid Services Health Plan Management System, Plan Ratings 2018. The plan’s official star ratings may be found at medicare.gov. Kaiser Permanente contract H5050.

3. The National Committee for Quality Assurance (NCQA) is a private, 501 (c)(3) not-for-profit organization dedicated to improving health care quality. It issues health insurance plan ratings and Quality Compass Health Plan Quality Measures for Commercial and Medicare plans each year. Ranking was not issued or endorsed by Medicare.

4. Formerly Group Health Cooperative

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premiums and/or co-payments/co-insurance may change on January 1 of each year. You must continue to pay your Medicare Part B premium and any other applicable Medicare premium(s), if not otherwise paid by Medicaid or another third party. The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.